



**SEAPORT STRIDERS RUNNING CLUB**  
**41<sup>st</sup> ANNUAL**  
**St. PATRICK'S DAY 5K & 10K RUN**



**Chip-Timed Race**

**RACE DAY REGISTRATION STARTS AT 8:30 AM**

**Saturday, March 16, 2019 at 10:00 AM**  
**Granite Lake Park**

**Registration:** Check-in and same-day registration starts at 8:30 a.m. at Granite Lake Park. The park is located at 848 Port Way, just north of the Clarkston Quality Inn next to the Snake River. For more information contact our race director, Christine Davidson at [lcd66@hotmail.com](mailto:lcd66@hotmail.com). Visit our website, [www.seaportstriders.com](http://www.seaportstriders.com) for more club information.

**Cost:** \$10.00 run only or \$25.00 with a shirt if you pre-register by February 27<sup>th</sup>. Fees after February 27<sup>th</sup> are \$15.00 run only or \$30.00 with a shirt. You must register by February 27<sup>th</sup> to guarantee a shirt. Seaport Striders club members receive a \$2 discount! **Mail entry form and check payable to: Seaport Striders, P.O. Box 20, Lewiston, ID 83501. No refunds.**

**Course:** 5K runners will do an out-and-back on the Greenbelt Trail System. 10K runners will cross over the Interstate Bridge to Lewiston, then run south along the Snake River to cross the Southway Bridge back to Clarkston, then north along the river trail to the finish line at the park. Stroller, dog, & walker friendly--just be mindful of other participants, please. **Chip-timed race so please return your timing chip at end of the race.**

**Awards:** Top-3 overall & Top-3 age-group. There will be random drawings for door prizes & prizes for the kids.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Gender: **M** **F** Race Day Age: \_\_\_\_\_

**Release, Waiver, Assumption of Risk & Indemnification:** In consideration of the acceptance of my entry, I do hereby acknowledge that I assume all risks resulting therefrom, and I do hereby, for myself, my heirs, my executors and/or administrators, waive, release, and forever discharge any and all sponsors and organizers, Seaport Striders Running Club, Port of Clarkston, their officers, agents and assigns, the race director and volunteers from any and all liability arising from illness, injuries, or damages I may suffer as a result of my participation in this event. I understand that there will be no traffic control on the course and that I must watch for vehicles at intersections and on the roadway.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ (applicants under 18)

**Circle ALL that apply:**

**Race Distance:      5K                      10K**

\$ **10.00** – Run Fee, Adults

\$ **5.00** – Run Fee, Students 18 and under.

\$ **0.00** – Run Fee, Children 5 and under (must be accompanied by paying adult).

\$ + **7.00** – Seaport Striders club membership for 2019! Receive \$2 discounts at club runs!

\$ - **2.00** – **Subtract \$2.00** I am a 2019 member of the Seaport Striders Running Club!

\$ + **5.00** – **Late Fee for all entrants after February 27<sup>th</sup>.** **Shirts not guaranteed for late entrants.**

\$+**15.00** – Long-Sleeve Shirt      **Circle Size:** S M L XL XXL **(add \$3)**

\$ \_\_\_\_\_ **TOTAL REGISTRATION FEE --- 2019 ST-PATRICK'S DAY 5K & 10K RUN**

On-Line Registration is available at [www.raceentry.com](http://www.raceentry.com): click on Find Races & type in Seaport Striders.